

Worksite Wellness

Customized Wellness Programs for your Business

United General District Worksite Wellness Program can customize a plan to fit your company, large or small, anywhere in Skagit County. From health screenings to health education classes, to on-going wellness challenges, we'll work with you to make your company and your bottom line – healthier and stronger.



Worksite Wellness Program Work!

A worksite wellness program makes good sense. Healthy workers are more productive and less likely to be out sick or injured. Our programs can help you:

- Lower your health care costs
- Reduce absenteeism
- Increase worker productivity
- Increase morale and loyalty
- Increase teamwork and job satisfaction



Free Consultation

Not sure what kind of wellness program your employees need or want? We are happy to meet with you to discuss options and ideas. To schedule a consultation please contact us at (360) 854-0247 or email mark.pearson@unitedgeneral.org.