



Building Healthier
Communities

2031 Hospital Drive
Sedro-Woolley, WA 98284

VOLUNTEER OPPORTUNITY

United General District 304 (District 304) is a public hospital district in Skagit County, Washington with a goal of building healthier communities through six pillars of health and wellbeing: Active Living, Community & Professional Education, Engaged Youth & Communities, Healthy Eating, Thriving Children & Families, and Stewarding Assets & Opportunities.

Located in scenic Sedro-Woolley, District 304 is a dynamic organization with an extensive history of connecting people and communities with best-practice health promotion and prevention programming. Our programs, staff, and volunteers seek to uphold our core values of **compassion, collaboration, innovation, equity, and excellence**. Learn more about how we are building healthier communities at www.UnitedGeneral.org.

Volunteers play a unique and important role in delivering quality services and programs to the community. District 304 is committed to providing safe, attainable, and meaningful positions for all volunteers.

Position Title: Facilitator – The Landing: A Healing Place for Kids (bereavement)

Posted: 12/15/2021

Position Overview:

Volunteer Facilitators offer support for children, teens, and adults who are grieving a death or loss. Under the supervision of a staff member, Facilitators create the safe space for children and teens who are grieving. By offering activities, guiding conversations, and being present with grievers, facilitators allow kids and families to move through their unique grief journey and healing process.

Most volunteers have personal experiences with loss and desire to give back; due to the sensitive nature of this peer support, it is recommended that individuals wait at least one year after the death of a loved one or another significant loss before volunteering.

We value having a diverse group of volunteers related to experiences with grief as well as gender, age, race/ethnicity, sexual orientation, and education.

Primary location:

- The Landing is housed in a former residential building located at 2136 SR 20, Sedro-Woolley, WA 98284 and owned by United General District 304.
- Occasionally other facilities in the community may be used to accommodate group sizes or other considerations.

Time Commitment:

- We ask facilitators to make a one-year commitment to help create safety and continuity for the children and families being served.
- Facilitators meet with youth and families at least every other week for 90 minutes, plus additional time for setup and cleanup. The minimum time commitment is approximately six hours per month.

Responsibilities and Duties:

- Complete facilitator training in the Dougy Center model of peer grief support. The 12-hour training, valued at nearly \$800 per person, is held at least once per year and is free to volunteers who have completed a facilitator application and interview process. Completion of the training does not guarantee a facilitator role.
- Follow all safety and program guidelines as directed in the Facilitator manual and training
- Keep commitments or communicate changes with District 304 staff in a timely manner
- Uphold the vision and mission of The Landing and United General District 304

Qualifications:

- Must be at least 16 years old
- Current CPR, AED, and First Aid certified within 6 months of start date
- Able to pass a criminal background check

Volunteer Settings and Conditions:

- General office environment, program settings, and community functions
- Standard volunteering hours generally occur between 8:00 a.m. to 8:00 p.m.
- Programs and events may occur in the evening and on weekends
- Facilitating children may be physically active, including climbing stairs, sitting on the floor, playing actively, and navigating outdoor spaces/uneven ground

TO APPLY:

For questions, contact hr@unitedgeneral.org. We look forward to hearing from you!

The above statements are intended to describe the general nature and level of service being performed by persons with this volunteer position. They are not intended to be an exhaustive list of all associated responsibilities, skills, efforts, or conditions. United General District 304, reserves the right to change, amend, add, delete, and otherwise assign any and all duties, responsibilities, and position titles as it deems necessary to meet the needs of the business.