



MENTAL HEALTH FIRST AID INSTRUCTOR

Pay Rate: \$28.00

FTE: 0.00 (On-call)

Posted: 4/14/2023

Classification: Non-Exempt

Posting Closes: Open until filled

Are you looking for a position that makes a difference in the community? We currently have opportunities for on-call Mental Health First Aid (MHFA) Instructors in around Skagit County. Training and certification will be provided to committed facilitators. This position directly supports our goal of providing continuous prevention and wellness programming to meet needs in Skagit County and beyond.

United General District 304 is committed to improving the health and quality of life for the residents of the communities we serve. We focus our work along six pillars of wellbeing: Active Living, Community Professional Education, Engaged Youth & Communities, Healthy Eating, Thriving Children & Families, and Stewarding Assets and Opportunities. Our programs, staff, and volunteers seek to uphold our core values of **compassion, collaboration, innovation, equity, and excellence**. Learn more about how we are building healthier communities at www.UnitedGeneral.org.

Job Overview:

The MHFA Instructor will provide trainings to parents/caregivers, educators, and community members during in-person and virtual sessions. MHFA teaches adults how to assist those who are experiencing a mental health or substance use-related crisis by utilizing a five-step action plan centered in hope and recovery.

Responsibilities and Duties:

- Ability to work with and instruct diverse populations.
- Strong presentation and facilitation skills, and the ability to direct adult learners.
- Must utilize the materials for instruction provided by Mental Health First Aid and the National Council for Mental Wellbeing.
- Willingness to prepare before the session to lead effectively.
- Assist with marketing and perform outreach for the program.
- Commitment to teach the program as designed with fidelity.
- Fill out all requested reports and collect participant data.
- Other duties related to the planning, delivery, and wrap up of trainings.

Qualifications:

- High School Diploma or GED required; some college preferred.
- Must be certified in Adult and/or Youth MHFA (training provided).
- Successfully pass a Washington State Patrol Background Screening (or similar agency).
- Bilingual a plus.

Work Conditions:

- General office environment, virtual and community settings.
- Schedule dependent on community need and instructor availability.

Required Physical Abilities:

- Must be physically able to present/instruct a class for extended periods of time, up to 8 hours per day.

TO APPLY:

Please visit our website www.unitedgeneral.org for a general application form. You can locate the form by clicking on the “Join Our Team” link under the “Contact Us” tab on our main webpage. Return your application to the following:

Email: hr@unitedgeneral.org

We look forward to hearing from you!

The above statements are intended to describe the general nature and level of work being performed by persons assigned to this position. They are not intended to be an exhaustive list of all associated responsibilities, skills, efforts, or working conditions. United General District 304, reserves the right to change, amend, add, delete, and otherwise assign any and all duties, responsibilities, and position titles as it deems necessary to meet the needs of the business.