



Building Healthier *Communities*

2031C Hospital Drive
Sedro Woolley, WA 98284

YOGA INSTRUCTOR (TEMPORARY)

Pay Range: \$30.00 - \$40.00/hour (DOE)

FTE: 0.00 (4 to 15 hours a week)

Exempt Classification: Non-Exempt

Position Opens: February 9, 2024

Position Closes: *open until filled*

Are you looking for a position that makes a difference in the community? We currently have an opportunity for a passionate and experienced Yoga Instructor in our Active Living pillar. This is a temporary position covering staff leave for the next 4 - 6 months, but may lead to long term employment. Ideally, this Yoga Instructor would be leading 2 – 6 classes per week.

United General District 304 is committed to improving the health and quality of life for the residents of the communities we serve. We focus our work along six pillars of wellbeing: Active Living, Community Professional Education, Engaged Youth & Communities, Healthy Eating, Thriving Children & Families, and Stewarding Assets and Opportunities. Our programs, staff, and volunteers seek to uphold our core values of compassion, collaboration, innovation, equity, and excellence. Learn more about how we are building healthier communities at www.unitedgeneral.org.

Job Overview:

The role of the Yoga Instructor is to provide support and assistance for yoga students as part of United Fitness Center by providing a safe, supportive, clean, and friendly environment.

Responsibilities and Duties:

- Teach group Yoga classes – 2 to 6 morning or early evening sessions (4 – 15 hours per week)
- Provide Yoga students with adaptive yoga postures
- Assist with the coordination of Yoga program and class schedule

Qualifications:

- High School diploma or GED – required
- Current CPR/AED – required
- Nationally recognized Yoga certification or extensive experience teach Yoga in Lieu of certification – required
- One year of experience teaching group fitness Yoga classes – preferred
- Ability to adapt to senior population
- Must have excellent interpersonal and customer service skills
- Ability to maintain productive and calm demeanor in a busy environment
- Must be highly motivated and self-directed

Work Conditions:

- Large studio with adjoining prop room

Required Physical Abilities:

- Must be physically fit and able to endure several hours of teaching (including standing, bending, reaching, lifting and stretching)

TO APPLY:

Please visit our website www.unitedgeneral.org for a general application form. You can locate the form by clicking on the “Join Our Team” link under the “Contact Us” tab on our main webpage ([here](#)). Return your application and resume or cover letter to the following:

Email: hr@unitedgeneral.org

We look forward to hearing from you!

The above statements are intended to describe the general nature and level of work being performed by persons assigned to this position. They are not intended to be an exhaustive list of all associated responsibilities, skills, efforts, or working conditions. United General District 304, reserves the right to change, amend, add, delete, and otherwise assign any and all duties, responsibilities, and position titles as it deems necessary to meet the needs of the business.