

## About the Position

Are you passionate about promoting hope, connectedness, social support, resilience, and recovery around mental health? Do you enjoy making connections and providing resources to diverse audiences? If you would like to get into the behavioral health, public health, education, or prevention field, we have a unique opportunity to receive free training and build your resume! United General District 304 is looking for someone to join our team as a Healthy Minds Alliance AmeriCorps to serve the Skagit County community through programs that start important conversations around mental health and help people take action to prevent the tragedy of suicide. People of color, people with disabilities, veterans, and other candidates from underrepresented backgrounds and with diverse experiences interested in this opportunity are encouraged to apply.

## Details and Benefits

- 10-month\* service commitment beginning in late summer/early fall 2024
  - Full-time (40 hours per week) AmeriCorps position totaling 1700 service hours
  - Includes 5 holidays and 2.5 personal days
- \$21,250 stipend for service – paid biweekly = 22 checks
- \$7,395 Education Award upon completion of service commitment (1700 service hours)  
*\*Term of service is limited to a maximum of 12 months, with approval by Health360*

## Qualifications Required

- Bachelor's Degree or equivalent experience
- Ability to pass a national background check
- Reliable transportation

## Experience Preferred

- Personal and/or professional knowledge of mental health topics
- Strong teaching and/or training skills and experience, especially with adult learners
- Understanding of mental health topics and resources
- Skill and experience facilitating diverse groups and creating/maintaining a positive and effective learning environment
- Knowledge about mental health resources in our community and state
- Positive attitude towards individuals with mental illnesses
- Enthusiasm for reducing stigma/discrimination associated with mental illness and addiction disorders
- Ability to speak and write in English
- Ability to speak and write in Spanish a plus

## Position Responsibilities include:

- Participating in designated mental health evidence-based/informed instructor trainings (Mental Health First Aid and Question, Persuade, Refer)
- Conducting mental health awareness classes in communities
- Performing outreach to local community for course participants, in addition to recruiting and engaging community partners
- Marketing programs through press releases, social media, and informational sessions

- Tracking training participants through pre and post evaluations
- Submitting evaluations as directed by Health360, training entity, and United General District 304
- Advertising courses to the public
- Establishing and fostering relationships with health agencies as partners and resources
- Serving as a resource to course participants on an ongoing basis
- Respecting the privacy of course participants, colleagues, and others, including the responsibility to protect personal information
- Advocating for mental health awareness by promoting course principles whenever possible
- Writing local grants to support mental health focused activities
- Participating in AmeriCorps large service project and local service opportunities
- Taking part in monthly calls held nationally by Health360
- Assisting host site with ongoing community mental health initiatives and regional events

### **About the Sponsor Organization**

Healthy Minds Alliance is a program of Health 360 that promotes a community-based approach to the mental health crisis by utilizing evidenced-based gatekeeper programs to train community members on how to prevent, detect, and support people with a mental illness.

### **About the Host Site**

United General District 304 (District 304) is a public hospital district in Skagit County, Washington with over 50 programs promoting lifelong health and well-being. Located in scenic Sedro-Woolley, the gateway to the North Cascades, District 304 is a dynamic and collaborative organization that helps people stay active, connected, and supported to thrive. Learn more about how we are building healthier communities at [www.UnitedGeneral.org](http://www.UnitedGeneral.org)

For more information, or questions about the position, please contact:

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 United General District 304  
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**Building Healthier**  
*Communities*

Office: 360-854-7155

***Please include HMA AmeriCorps in the subject line of your email***

*Healthy Minds Alliance and United General District 304 do not discriminate against applicants/members on the basis of race (including hairstyle/texture), color, religion, sex, sexual orientation, gender identity or expression, age, disability, marital or parental status, citizenship, national origin, genetic information, political affiliation, military service, or any other characteristic protected by law. Reasonable accommodations during recruitment and service are available upon request through the contact below. Request deadlines are determined on a case-by-case basis.*



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